

Peace-filled Contentment

David had ...

III: _____ - _____ : v2

Surely I have behaved and quieted myself, as a child that is weaned of his mother: my soul is even as a weaned child.

David paints a very vivid picture of his life. The picture is of him no longer crying and demanding like that of an infant, but rather now he is satisfied and content like that of a weaned child. Notice some things about the process of learning self-control.

A. self-control is a _____ process

If we are to find peace-filled contentment, we will also have to go through that painful process of self-control and learn to behave and quiet ourselves (the lusts of our flesh).

B. self-control is a _____ process

In Gal. 5:17, the Bible speaks of the Spirit and the flesh warring against each other. But in v18 we are told ... *But if ye be led of the Spirit, ye are not under the law.* The profit of self-control is that as we serve and follow the Holy Spirit's leading rather than the flesh, we are taught how to behave and quiet ourselves.

How are you attempting to find that spiritual, peace-filled contentment in your life? David found it through a humble servant's heart and attitude, through simplicity of mind, and through self control.

Paul called it a process of learning. He said in Phil. 4:11 ... ***Not that I speak in respect of want: for I have learned in whatsoever state I am, therewith to be content.***

Are you willing to learn from David this morning?



June 26, 2022

Peace-filled Contentment

Psalm 131

Typically, when we think of Biblical contentment we think in the area of materialism and God's provision of our needs. But Biblical contentment extends into the area of having the peace and mind of Christ. And in Psalm 131, we find a young David speaking of a this type of contentment.

In this short Psalm, David is lifting up his voice and heart to God acknowledging that as a weaned child as learned to be content, he to has learned to be content in *great matters* and *things too high for him*.

This morning, let's discover three things in David's life that helped him have a peace-filled contentment.

Peace-filled Contentment

David had ...

I: _____: v1

Lord, my heart is not haughty, nor mine eyes lofty:

In Acts 13:22 we are told that David was a man after God's own heart. One of the reasons that this is true is because David was a humble man. Notice ...

A. David's humble _____

Lord, my heart ... is not haughty...

The word heart certainly applies to one's feeling but it also refers to one's will, intellect, and one making something the center of their life. David's feelings, will, and intellect all centered around his relationship with the Lord.

B. David's humble _____

Lord, my heart is not haughty...

David's focus was to lift up and exalt the Lord above everything else in his life.

C. David's humble _____

Lord, my heart is not haughty, nor mine eyes lofty:

Countenance refers to David's appearance. Rather than David appearing cocky, self-centered, flamboyant to others, his demeanor was one of subtleness and humility.

Humility plays a major role in contentment. Humility allows for us give our struggles to God; it allows for us to trust in the Lord with all our heart and to lean not on our own understanding; humility allows for us to maintain a disposition of faith before others and before God.

Peace-filled Contentment

David had ...

II: _____: v1

... neither do I exercise myself in great matters, or in things too high for me.

One of the things that our post-modern culture does is to pridefully attempt to elevate man's wisdom above God's wisdom, and in the process, we complicate God's Word and will.

A. simple _____ of God

Our knowledge of God comes only from only three sources that all work in perfect harmony, without error or contradiction with one another. Jesus Christ, the Holy Spirit and the Bible.

B. simple _____ of God

It amazing that such a complex has made it is simple enough for finite and sinful man to understand Him. But with that said, if we are to have that peace-filled contentment, we have to, at times, simply recognize our failure to understand all of the complexities of God and move on.

C. simple _____ in God

God has designed faith to be simple enough for a child to grasp.

When our faith is unshakeable, unchangeable, and unquestionable—when we simply believe God and take God and His Word and trust Him, even when it makes no sense—that's when a peace-filled contentment fills our heart regardless of our situation.